

**Kids**

**JOY!**

# THIS WEEK

This week we learned how true joy comes from knowing Jesus and trusting His promises for us. When we know and trust Jesus, we can have joy, no matter our circumstances. Paul knew this better than most. Paul had a pretty incredible story. There were a lot of things that happened in his life that could have brought him down with despair.

## READ

**2 Corinthians 11:21-31**

List as many trials as you can find that Paul faced during his lifetime (hint: there are at least 20!)

## NOW READ

**Philippians 4:4; 12-13**

- No matter what happened to Paul, what kind of attitude did he have?
- How do you think Paul kept his joy even during hard times?
- How can you remember to keep your joy, even on bad days?

## GRAB YOUR BIBLES

Grab your bibles, look up the verses below, and see if you can fill in the blanks:

1. **Psalm 28:7** - We can have joy because God is our \_\_\_\_\_ and \_\_\_\_\_.
2. **Psalm 81:1** - We can have joy because God is our \_\_\_\_\_.
3. **Psalm 92:4** - We can have joy when we look and see all that God \_\_\_\_\_.
4. **Psalm 94:19** - When we're anxious, God can \_\_\_\_\_ us.
5. **Psalm 95:1** - We can have joy when we remember that God is our \_\_\_\_\_.

## DID YOU KNOW?

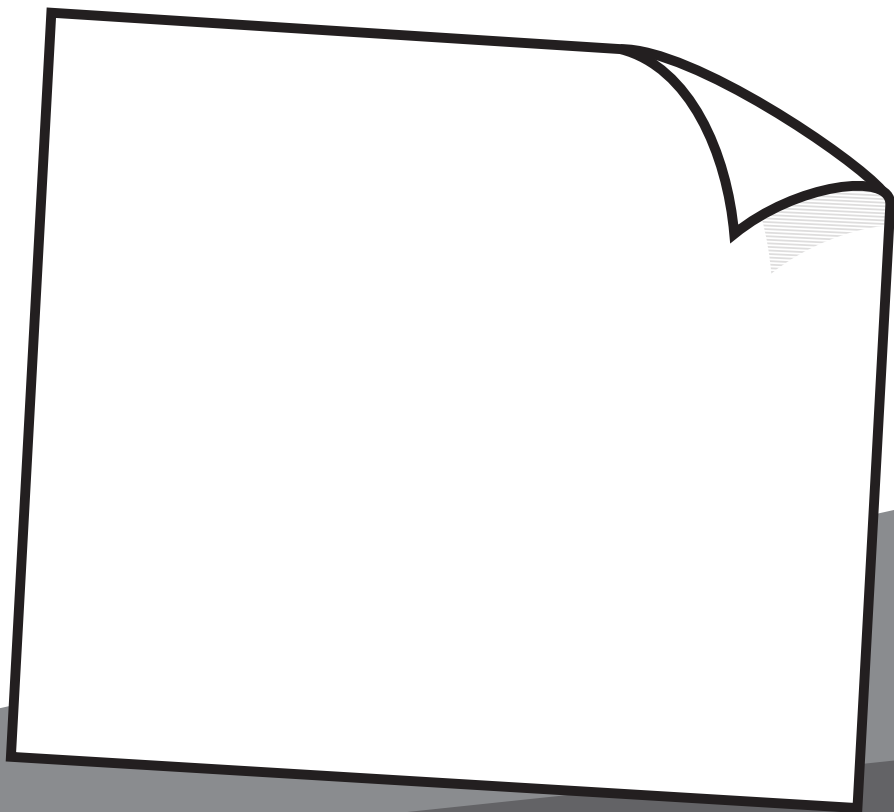
The word

# JOY!

is mentioned 218  
times in the Bible!

# GOD IS...

Joy comes from knowing God and trusting Him. Use the space below to draw or write down all the things that you know about God and who He is. Then, go back and circle the words or pictures that stand out most to you.



## PRAY ABOUT IT

Use the prayer below to thank God for who He is and to ask Him to help you live joyfully.

**Lord, You make me glad by Your works. You give me so many reasons to sing for joy (Psalm 92:4)! I come before You with praise because You, Lord, are the great King above all kings. The mountains belong to You. The sea is Yours because You made it, and Your hands formed the dry land. I bow down in worship before You. With You as my God, I can rest in comfort, knowing I am under Your care (Psalm 95:1-7). What joy there is in knowing that You hear me when I cry and respond as my strength and shield. As I trust in You, please give me a heart that leaps with joy as I give You thanks (Psalm 28:6-7). You are #1 in my heart. Help me remember that You are the only thing I need to live joyfully. Amen**

*(adapted from the website "Kids of Integrity: JOY")*