

# FRUIT OF THE SPIRIT

When we decide to love and follow Jesus and really let Him take control, the Fruit of the Spirit will grow in our lives. People will see Jesus in us through those fruits, and they will want Jesus for themselves. The Fruit of the Spirit can help us make a difference in this world.

Each day this week, pick one Fruit of the Spirit to focus on and ask God to help you grow that fruit in your life.

### **JOVE**

God wants us to love others. He wants us to love him, and he wants us to share his love with the world. That's why the first fruit is love.

Read Matthew 22: 37-38, then write out ways you can show LOVE:

Read Matthew 22: 37-38 one more time, but this time, put your name in the verse and say it as a prayer.

# JOY

God also wants us to have joy. Joy is more than an emotion like happiness. Joy is knowing that no matter what happens, good or bad, God is in control. Even when we are sad, we can have joy, knowing that God is looking out for us.

Read Romans 15:13, then write out ways you can show JOY:

Read Romans 15:13 one more time, but this time, put your name in the verse and say it as a prayer.

#### PEACE

Peace is something we can have when life is going crazy. It's also something we can share. We can bring peace to bad situations by doing good and loving others.

Read Romans 12:18, then write out ways you can show PEACE:

Read Romans 12:18 one more time, but this time, put your name in the verse and say it as a prayer.

#### PATIENCE

Patience is something we all need more of! Patience means not just waiting, but trusting God is working all things out for our good.

Read Philippians 4:6-7, then write out ways you can show PATIENCE:

Read Philippians 4:6-7 one more time, but this time, put your name in the verse and say it as a prayer.

## KINDNESS, GOODNESS, GENTLENESS

Kindness, goodness, and gentleness are the way we treat others. God wants us to be kind and loving toward others, doing good where it is needed.

Read Colossians 3:12-13 and Romans 12:9-17, then write out ways you can show **KINDESS; GOODNESS; & GENTLENESS:** 

Read Colossians 3:12-13 and Romans 12:9-17 one more time, but this time, put your name in the verse and say it as a prayer.

## FAITHFULNESS

Faithfulness means being true to God, true to our loved ones, and true to our friends.

Read Luke 4:8 and Romans 12:10, then write out ways you can show **FAITHFULNESS:** 

Read Luke 4:8 and Romans 12:10 one more time, but this time, put your name in these verses and say them as a prayer.

# SELF-CONTROL

Self-control means learning to control our emotions and actions. We don't react in anger. We think before we speak. We consider our words carefully. We resist temptation to sin, and we do the right thing.

Read Titus 2:11-12, then write out ways you can show FAITHFULNESS:

Read Titus 2:11-12 one more time, but this time, put your name in these verses and say them as a prayer.