



# POWERT UPPER

WEEK  
3

# THIS MONTH...

...we're learning all about the book of **ACTS** and seeing how the people in the very first church were powered up by the Holy Spirit to do the things Jesus wanted them to do.

## READ IT AGAIN



Reread this week's Bible story in **Acts 3: 1-10; 12; 16** and answer the questions below:

- What was your favorite part of the story? Highlight it in your Bible
- Was any part of the story confusing? If so, what part?



Draw your reaction if you were one of the people who saw Peter heal the man who couldn't walk.

# THIS WEEK'S VERSE

Our verse this week is Matthew 5:16. See if you can fill in the blanks for the verse below. Look it up in your Bible if you need some help.

In the \_\_\_\_\_, let your \_\_\_\_\_ shine  
before \_\_\_\_\_, so they may see your \_\_\_\_\_  
deeds and \_\_\_\_\_ your \_\_\_\_\_ in \_\_\_\_\_.

## MATTHEW 5:16

# LOOK IT UP LIVE IT OUT

To let your light shine means to act in a way that others see Jesus in you. When we do the things Jesus did, like serving, loving, being kind, and helping others, we shine our light. Check out the verses below to see what they say about helping others.

## DAY ONE

### LOOK IT UP

Galatians 6:2 says we should do this for each other:

- \_\_\_\_\_
- Power to Help:  
Friends stick together. You can help friends or family when they're having a hard time by praying for them, writing them an encouraging note, or sharing a favorite verse.

### LIVE IT OUT

- Think of one friend, family member or teacher that you can pray for today and write their name here; then pray for them! Remember - the Holy Spirit can give you the power to help.

## DAY TWO

### LOOK IT UP

Hebrews 13:16 says we should NOT forget to do these two things: \_\_\_\_\_ and \_\_\_\_\_

- Power to Help:  
One of the ways you can help others is by being kind towards those around you and jumping in to help when you see a need.

### LIVE IT OUT

- What's one way you can help out at home this week? How about at school? Write down your ideas. Remember - the Holy Spirit can give you the power to help.

## DAY THREE

### LOOK IT UP

Matthew 5:42 says we should \_\_\_\_\_ to the one who asks.

- Power to Help: It isn't always easy to give to others. Sometimes we'd rather keep our money, our time, and our stuff for ourselves. But this verse is a great reminder to share what we have with others.

### LIVE IT OUT

- Look around your room and pick out three things that you don't need or use anymore that you could donate to a local charity. Ask your parents/family to help you donate those items this week. Remember - the Holy Spirit can give you the power to help.

## DAY FOUR

### LOOK IT UP

Proverbs 3:27 says we shouldn't withhold this from others: \_\_\_\_\_

- Power to Help: This verse is a great reminder that when you have the chance and the ability to help someone, it's important to do it.

### LIVE IT OUT

- Look for a way to be a friend to someone who needs it at school this week. Remember - the Holy Spirit can give you the power to help.

## DAY FIVE

### LOOK IT UP

Philippians 2:4 says instead of thinking about ourselves first, we should \_\_\_\_\_

- Power to Help: It's easy to think about what we need and want, but this verse challenges us to put others first instead.

### LIVE IT OUT

- Sometimes, thinking about what our brothers and sisters want instead of what we want can be hard. Challenge yourself to find ways to put your brothers and sisters first this week. Ask them to play a game, watch a show that they want to watch, help them with a chore. Remember - the Holy Spirit can give you the power to help.