

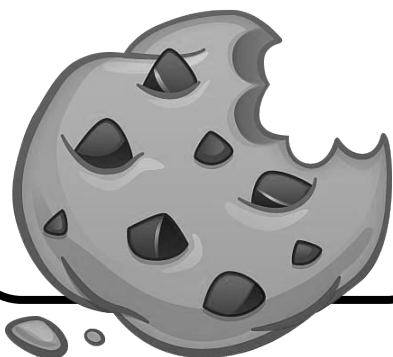
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WEEK 2

## In Case You Didn't Know...

The Chocolate Chip Cookie was created by accident in Whitman, Massachusetts by a lady named Ruth Wakefield. She chopped up a chocolate bar into little pieces hoping they would melt and mix into the batter in the oven. They didn't and a cookie star was born! Oh and where did she work at the time? The Toll House Inn. That's why there is a brand of chocolate chips called Toll House!



WOAH!  
Gonna need a  
giant glass of  
milk with this  
cookie!



## THIS MONTH'S Scripture

"I will praise you  
because I am  
**remarkable** and  
**wonderfully** made.

Your works are  
wonderful, and I  
know this very well."

**Psalms 139:14**

Remarkable  
worthy of attention;  
striking.

Wonderfully  
in a way that inspires  
delight or admiration;  
extremely well.

# You Say... God Says...

We say these things about ourselves:

I'll never  
be good  
enough!!!

**"Never Good Enough"** makes you work so hard you're miserable always trying to gain approval from those around you.

**"Never Be Enough"** makes you want to give up, like you are saying there is no point in even trying.

I'll never  
be enough!!!

LET's change our perspective! **"I WILL never be good enough, WITHOUT JESUS!"** Jesus is the only perfect one, the only one who can save you from your own thoughts and other's rejections!

So now look at some of the things we tell ourselves versus what God says about us and the Scripture verses where we find what God says about us. Check it out!

You Say...	God Says...	Scripture
I can't figure it out	I will direct your paths	Proverbs 3:5-6
I'm too tired	I will give you rest	Matthew 11:28-30
It's impossible	All things are possible	Luke 18:27
Nobody loves Me	I love you	John 3:16
I can't forgive myself	I forgive you	Romans 8:1
It's not worth it	It will be worth it	Romans 8:28
I'm not smart enough	I will give you wisdom	1 Corinthians 1:30
I'm not able	I am able	2 Corinthians 9:8
I can't go on	My grace is enough	2 Corinthians 12:9
I can't do it	You can do all things	Philippians 4:13
I can't manage	I will supply all your needs	Philippians 4:19
I'm afraid	I have not given you fear	2 Timothy 1:7
I feel all alone	I will never leave you	Hebrews 13:5

# All About me!

Take time and write the answers to these questions about yourself.  
Get to know yourself and what you can do because YOU ARE ENOUGH!

**My favorite Color is...**

**My favorite  
subject is...**

**I'm most  
happy when...**

**The last movie I  
watched was...**

**My favorite food is...**

**I really hate it when...**

**Yesterday, I...**

**Most people don't  
know that I...**

**If I had a million  
dollars, I would...**

**Tomorrow, I will...**

**Right now.  
I feel very...**

**My favorite  
memory is...**