

this Month

Hey guys, it's the final week of Know and Become and this week we're continuing to learn Whats'SUP in the Bible as we learn how to Pray It! Remember to grab your journal or a piece of paper and...

LET'S DIVE IN!



WOAH DID YOU KNOW?!?

Jesus used quotes from the book of Psalms more than any other book.

Look up the verse and write it in your journal.

We all have times when it's hard to do the right thing, and we need God's help. This verse is a great one to pray when you're feeling tempted to do the wrong thing, or when you don't know what the right thing to do is.

Look at the verse that you wrote above and practice saying this verse as if you were talking to God. Then pray this verse as a way to ask God to help you do the things that He wants you to do.



WOAH DID YOU KNOW?!?

In the book of Nehemiah, Nehemiah prayed for 4 months! WOW!

Look up the verse and write it in your journal.

When Jesus said that we should be the light of the world, He's giving us a picture of how we should live. When we follow Jesus, we should talk and act in a way that helps others see Jesus in us. When we do, we are an example of Jesus that others can see and maybe they'll want to follow Jesus too!

Look at the verse you wrote above and practice saying this verse as if you were talking to God. Then pray this verse as a way to ask God to help you be an example of Jesus wherever you go and in whatever you do.

DAY 3 The Fiery Furnace (Daniel 3)

WOAH DID YOU KNOW: Shadrach, Meshach and Abednego actually had different names. They were given different names by the king. Read the story

- Who are the characters in the story?
- What did you notice about God in the story? His character, what He was like, what He did?
- Did anyone in the story remind you of yourself or a way that you should act?
- Use what you learned in this story to help you talk to God. Here's some prayer prompts to get you started:
 - "God, in the story, I noticed that You ______ (fill in the blank with what You noticed). Thank You God that You are _____"
 - "When I feel _____, help me remember that You are _____, just like I saw in this story."
 - "God, in the story, Shadrach, Meshach, and Abednego did the right thing, even when nobody else did. Help me to do what's right too, even when it's hard, even when nobody else is doing the right thing. (*Talk to God about specific things that you want Him to help you with.*)





WOAH DID YOU KNOW?!? In the Bible, it tells us to confess our sins and repent over 100 times!

Look up the verse and write it in your journal.

Sometimes, when we make a mistake and do the wrong thing, we want to hide it. But this verse is a great reminder that instead of hiding what we did and pretending it didn't happen, we can talk to God about it instead. He will ALWAYS forgive us when we ask.

Look at the verse that you wrote above and practice saying this verse as if you were talking to God. Then pray this verse as a way to talk to God and ask for forgiveness.

Daniel In The Lions Den (Daniel 6)

WOAH DID YOU KNOW:

Daniel served under 4 different kings! Read the story

- Who are the characters in the story?
- What did you notice about God in the story? His character, what He was like, what He did?
- Did anyone in the story remind you of yourself or a way that you should act?
- Use what you learned in this story to help you talk to God. Here's some prayer prompts to get you started:
 - "God, in the story, I noticed that You ______ (fill in the blank with what You noticed). Thank You God that You are _____"
 - "When I feel _____, help me remember that You are _____, just like I saw in this story."
 - "God, in the story, Daniel did the right thing, even when he was pressured to do the wrong thing. Help me to do what's right too, even when it's hard.