

# Trysted Week 1



Read Exodus 23:19 as a family before you talk with your kids then engage in the discussions below for each age group.



### **Pre-School**

- How can we help tell others about Jesus?
- How can we show others we love Jesus?



### Elementary

- What is the most valuable thing someone has put you in charge of?
- · What are your first and best things?
- What do you think it would look like to give God your first and best?



#### Students

- Have you ever heard of tithing before? How does it make you feel?
- Why do you think God wants our first and best?
- Why is it important for us to give God our **first and best**?
- What are some areas where you can give God your first and best?

## **PARENTS**

Share with your kids what your journey has been like giving your first and best to God.

# Tristed Week 2



Read Matthew 26:26-28 as a family before you talk with your kids then engage in the discussions below for each age group.



#### Pre-School

- How can we be kind in our actions toward others?
- How can we serve others?



### **Elementary**

 Communion is when we take time out of our day to focus on God and thank him for everything he has done and will do. Take this moment and focus on God and thank him for everything he is doing and will do today.



#### Students

- What gifts/talents do you think God has given you to bless others?
- What's one way you could use that gift/talent this week?
- What kind of legacy do you want to leave? What do you want your life to be remembered for?

## **PARENTS**

If you feel comfortable, take communion as a family after dinner one night this week. Use grape juice, crackers or bread and read Matthew 26:26-28 as you do it.

## **FAMILY GUIDE**

This family discussion guide is designed to create conversations about what we are learning at church and in our own spiritual growth. Use this guide around the dinner table, on the go, or even after you attend church.

This is a tool to help you incorporate spiritual practices into your lives and help you grow spiritually as a family.

