

Kids

UP WITH

JOY!

**DOWN WITH
DESPAIR**

WEEK 3

This series... we're learning how true joy comes from knowing God and trusting His promises for us. When we know and trust God, we can have joy, no matter our circumstances. Check it out:

DID YOU KNOW?

Gelotophobia is the **fear of laughter!**



LOOK IT UP

Grab your Bible and look up the verse below. See if you can fill in the blanks:

May the God of
h____ fill you with
all j____ and p____
as you t____ in
Him, so that you
may o____
with h____ by the
p____ of the
H____ S____.

Romans 15:13

LIVE IT OUT

What's got you down? There will always be situations in life that can bring us down with despair. But we're learning that no matter what happens in our life, we can still have joy when we remember to trust God and His promises.

Use a separate piece of paper to write or draw things that can bring you down with despair. Tell those things to God, then write GOD in big letters over the top to remind you that God is bigger. Draw a picture of God stomping on whatever it is that's causing you to be down with despair. Remember, the joy of the Lord is your strength. When you look up, you'll be up with joy!

GOD IS...

See if you can use the emojis below to retell this week's Bible story.
If you need help, check out the online video OR check out the story in your Bible. You can find it in the book of **Esther**.



PRAY IT

Use the prayer below as a way to talk to God this week.

Dear God, thank you that you have SO much joy to give each one of us! You have a joy that never runs out. Thank you that you want to give us that joy and that all we have to do is ask you for it. I pray for those areas in my life where I'm tempted to be down in despair. Help me to look up to you so that I can be filled up with joy instead. Help me to have joy in my attitude. Help me to remember that you are with me no matter what I go through. Help me to not only experience your joy, but to pass it along to others. In your name. Amen.



Kids